



Supplementary Materials

Modulation of microRNAs by natural compounds: A potential new strategy for glaucoma treatment

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List of material

Table S1. Most relevant miRNA in glaucoma.



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miRNA	Functions/mechanisms	References	Glaucoma relevance
miR-21-5p	Induced in TM; increases AH outflow; neuroprotective	[1-4]	Possible therapeutical strategy for reducing IOP
miR-29 family (29a, 29b, 29c)	Antifibrotic; blocks ECM production via TGF- β	[5-9]	Strong therapeutic target for TM fibrosis in POAG
miR-122-5p	Associated with PXG and XFG; TGF- β signaling	[4,10,11]	Involved in fibrosis and ECM, overexpressed in AH
miR-125b miR-125b-5p	Involved in TGF- β signaling, TM remodeling, RGC damage	[4,8,11-13]	Appears in AH, TM, tears; therapeutic potential and reproducibility; consistent in 3+ studies
miR-125b-2-5p	Tear and AH biomarker in POAG/OHT	[4,8,12,14]	Non-invasive diagnostic potential
miR-143 miR-143-3p	Regulates apoptosis, TM, ECM, AH outflow	[4,8,13,15]	Therapeutic target; found in AH and TM; consistent in 3+ studies
miR-146b-5p	Tear biomarker in POAG. Upregulated in POAG	[4,13,16]	Possible diagnostic marker
miR-200 family	Regulates TM cell contraction and IOP	[8]	Functional target for IOP reduction; validated <i>in vivo</i>
miR-206	Targets BCL2/JUN and CCND1 genes of cell proliferation	[4,17]	Upregulated in POAG; biomarker validated in POAG
miR-302d-3p	Differentially expressed in POAG vs. controls and XFG	[4,11,14]	Potential subtype-specific biomarker in AH
miR-451a	Associated with POAG; potential biomarker	[11,13]	Biomarker candidate
miR-486 miR-486-5p	Reduces oxidative stress and ECM via TGF- β /SMAD2	[8,13]	Biomarker candidate; TM-targeted therapy potential

Abbreviations: AH: aqueous humor; BCL2: B-cell leukemia/lymphoma 2 gene; CCND1: Cyclin D1 gene; ECM: extracellular matrix; IOP: intraocular pressure; JUN: Jun proto-oncogene; OHT: ocular hypertension; POAG: primary open-angle glaucoma; PXG: pseudoexfoliation glaucoma; RGC: retinal ganglion cell; SMAD2: small mother against decapentaplegic 2; TGF- β : transforming growth factor beta; TM: trabecular meshwork; XFG: exfoliated glaucoma.

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